Katrin Kolo

CHOREOGRAPHIC THINKING
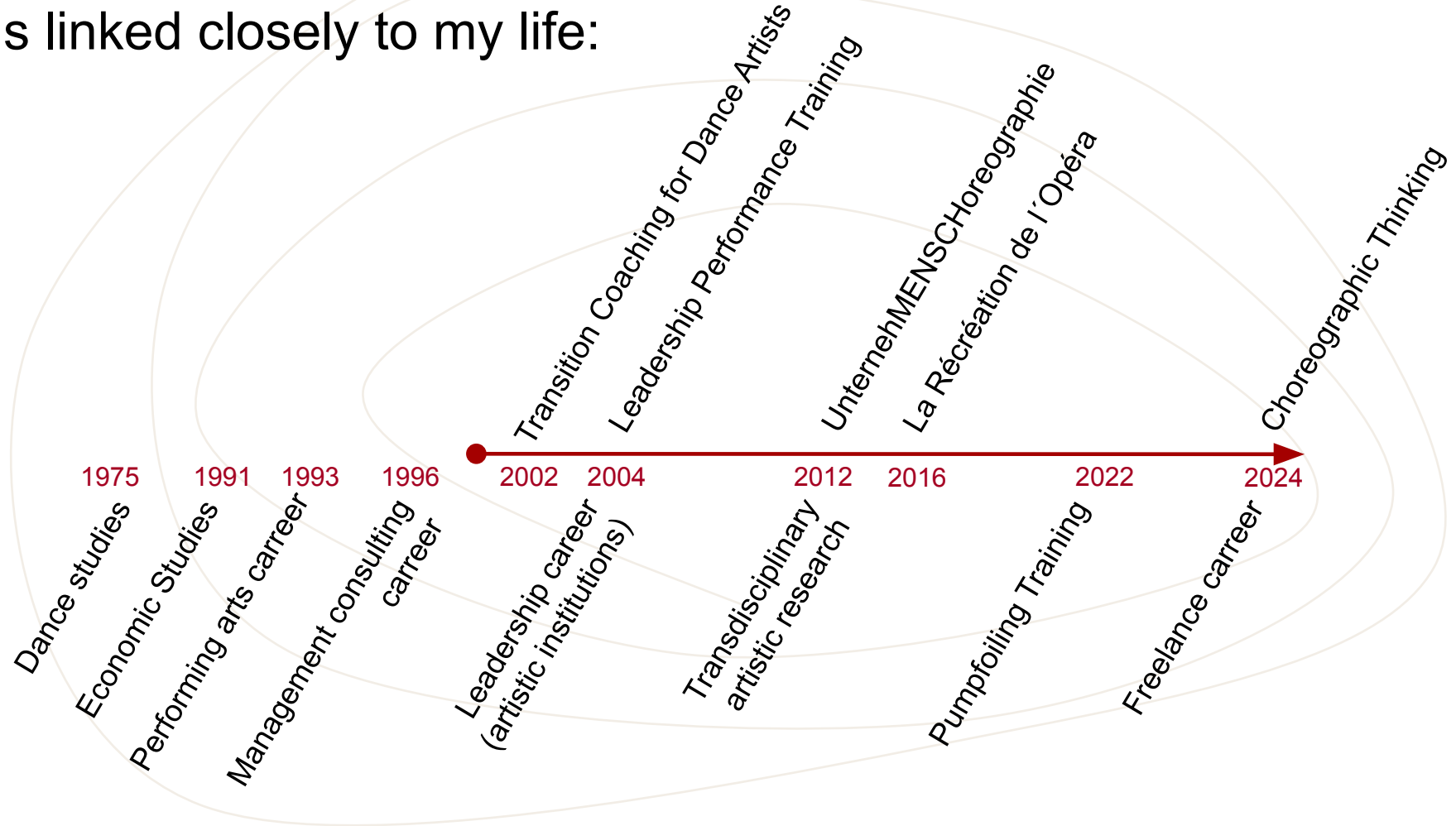
Member Case Study

October 2024 – Porto

Casa de Musica

What is «Choreographic Thinking»?

Choreographic Thinking is a human centered,
movement-based approach to access the
thinking capacity & knowledge of the entire body
and train non-cognitive human skills.

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Choreographic
Thinking

The Story behind «Choreographic Thinking»

...is linked closely to my life:

Transition Coaching for Dance Artists

Leadership Performance Training

UnternehMENSCHoreographie

La Récréation de l'Opéra

Choreographic Thinking

1975   1991   1993   1996   2002   2004   2012   2016   2022   2024

Dance studies

Economic Studies

Performing arts carreer

Management consulting carreer

Leadership career (artistic institutions)

Transdisciplinary artistic research

Pumpfoiling Training

Freelance carreer

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«Choreographic Thinking» Method

...is **HUMAN** centered and based on...

the choreographic process & verbal ⬌ non-verbal iterative reflection & translation

| Preparation |
| Warm up |
| Research |
| Choreography |
| Performance |
| Reflection |

move **verbalize**
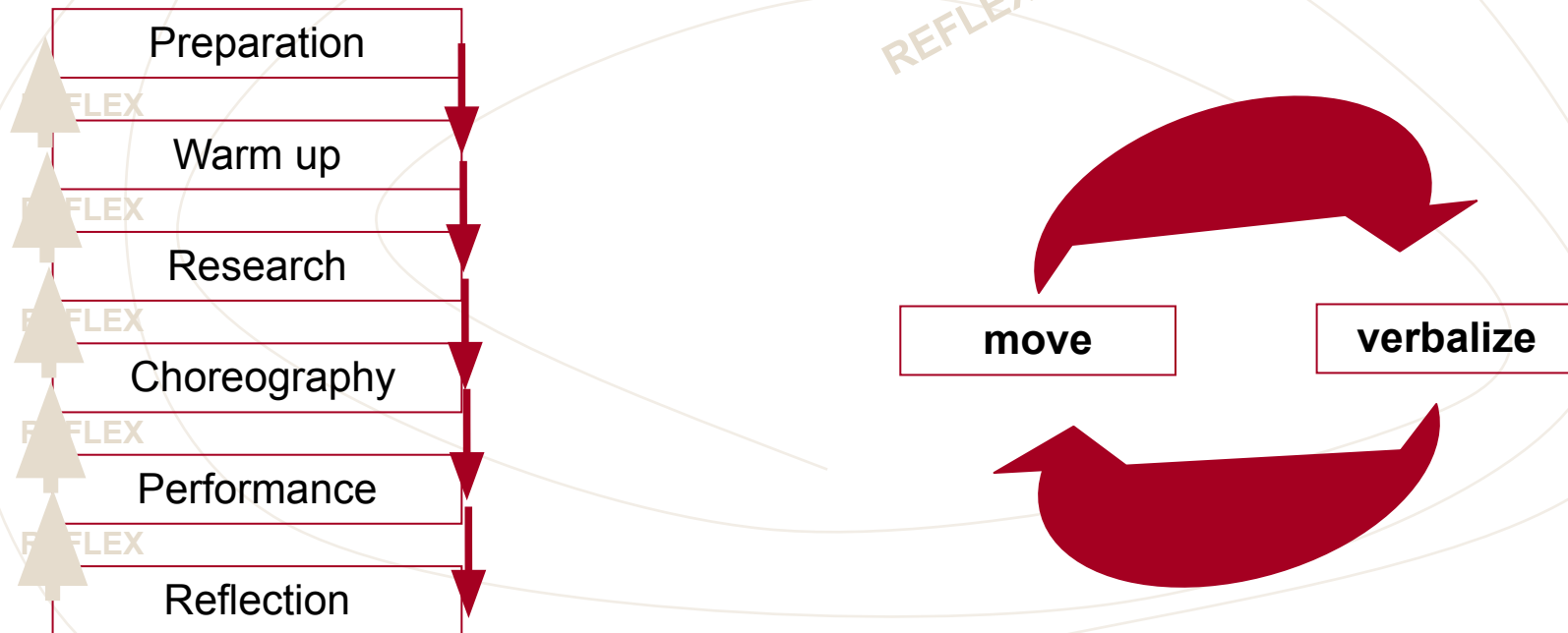
Decisions are based on individual coherence: «Stimmigkeit»

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What you get from «Choreographic Thinking»

↗ Take new perspectives and get new ideas, that foster **creative & innovative solutions**

↗ Break habits, define new rituals, develop **organisational culture**

↗ Learn new language for **enhanced communication**

↗ Experience and train skills for e.g. **collaboration, participation, uncertainty, use of time, ambiguity, team-intelligence, diversity, resilience, complexity, decisionmaking…**

↗ **FUN & Happiness**

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Examples of «Choreographic Thinking» workshops & projects

- Kick-off for Organizational Change Implementation, HSA Zurich, ~80 people
  Goal: Feel the new organisation, its new culture and play with it

- Conference Concept & Summary, ZHAW Winterthur, ~400 people
  Goal: explore new ways of (non-hierarchic) communication throughout the whole conference

- Worlwide Head of Sales Representatives Meeting, Munich Re, ~30 people
  Goal: Collaboration and exchange beyond language barriers about the topics of «Risk» and «Performance

- University Course Trainings, Berlin, Zurich, St. Gallen, Lisbon ~10-30 people
  Goal: Experience the potential of choreographic thinking concerning divers topics like «Nothing», «Transformation», «Creative Imperative», «Leadership in digital space»

- «La Récréation de l´Opéra», Opernhaus Zürich, ~ 2-20 people
  Goal: Artistic research project of how every day life is or could be related to Opera

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Examples of topics of «Choreographic Thinking»

- Leadership Performance Training

- "Limits – border crossings" : how to prevent or motivate to exceed limits

- "Move your a..!" - Choreographies for every (office) day

- Social Innovation

- Personal vision & career transition

- Strategies for leadership in digital space - with a focus on equality and participation

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My Questions to you...

- (How) would you like to use «Choreographic Thinking»...
  ... in your institution? ...for your collaborators/sponsors? ...elsewhere?

- Could you imagine a digital version of «Choreographic Thinking»?

- Which experiences have you with film/foto shooting without interfering the safety atmosphere?

...and what are your questions/opinions/ideas about «Choreographic Thinking»?

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THANK YOU SO MUCH
for your
ATTENTION & CONTRIBUTIONS !